

# Among Brenda's Quilts

## Spin Off

By Brenda Miller  
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Based on 42" wide fabric    Runner size: 16 ½" x 30 ½"    Placemat: 11 ½" x 16 ¼"  
Fabric is cut on width of fabric.

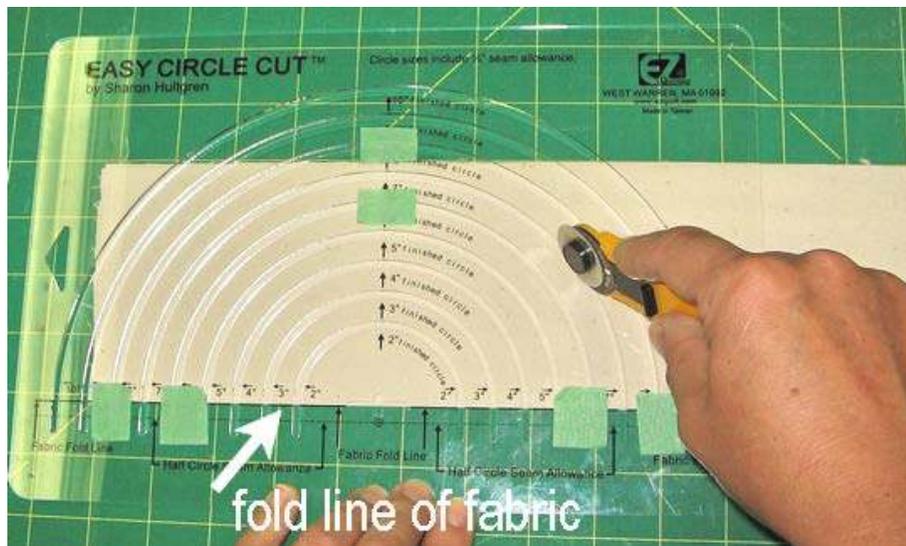
*Note: This pattern is made up of easy to sew circles. The large circle is made up of two colors of fabric, one color for the front another color for the back. The fabric used for the back of the circle shows up on the front when the circle is folded. I call these the petals.*

### Regarding Cutting...

**You may cut the large 7" finished circles and the 7" finished interfacing circles in this quilt using a half circle rotary cutting ruler, shown below, or you may make a plastic template and cut circles with scissors. Cutting with a rotary ruler saves time. If you are using the rotary cutting method read the following directions. If you would like to make plastic template to cut your circles go to the cutting instructions.**

**Rotary Cutting:** Fold 8" strips cut from fabrics A and B and the interfacing in half along the length as shown. (See the cutting instructions for the number of 8" strips required.) Press a sharp fold in fabrics A and B. **Finger press the fusible interfacing.** Follow the directions printed on the ruler and place on the fold line. Cut circles from each strip. Always cut circles one at a time. Failing to do this may result in oval shapes being cut. Press the fold line out of the circles.

**Tip:** The rotary cutting circle ruler can get a bit confusing. You don't want to cut out the wrong size by mistake! To avoid this I put a bit of masking tape on the cutting slots to either side of the circle I want to cut.



# Cutting Instructions

## Runner (14 Circles)

### **Color A, Dark Brown, 7" Finished Circle - Wrong Side/Front Petals**

#### **If using a rotary cutting circle ruler:**

Cut 3 strips 8" wide on the width of fabric.

Cut a total of 14 circles from each strip to a 7" finished size.

**If using template plastic:** Trace the 7" finished circle found on the insert onto template plastic and cut out the circle shape from the plastic. Trace 14 circles onto the wrong side of the fabric. Carefully cut on the marked line with scissors.

### **Color B, Burgundy, 7" Finished Circle - Right Side**

#### **If using a rotary cutting circle ruler:**

Cut 3 strips 8" wide on the width of fabric.

Cut a total of 14 circles from the strips to a 7" finished size.

**If using template plastic:** Trace the 7" finished circle found on the insert onto template plastic and cut out the circle shape from the plastic. Trace 14 circles onto the wrong side of the fabric. Carefully cut on the marked line with scissors.

### **Color C, 3" Circle, Multi Color Print – Appliqué on Right Side**

*Do not use the rotary cutting circle for this cut.*

Trace the 3" circle found on the insert onto template plastic or cardboard and cut out the circle shape. Iron Steam A Seam ® onto the back of the fabric following the manufacturers instructions. Trace 14 circles onto the paper back of the Steam A Seam ® and cut out with scissors. 14, 3" circles.

### **Iron on Interfacing**

#### **If using a rotary cutting circle ruler:**

Cut the interfacing into 8" wide strips. Cut a total of 14 circles from the strips to a 7" finished size.

**If using template plastic:** Trace the 7" finished circle from the template onto the interfacing 14 times and cut on the line with scissors.

## 4 Placemats (24 Circles)

### **Color A, Dark Brown, 7" Finished Circle - Wrong Side & Front Petals**

#### **If using a rotary cutting circle ruler:**

Cut 5 strips 8" wide on the width of fabric.

Cut a total of 24 circles from each strip to a 7" finished size.

**If using template plastic:** Trace the 7" finished circle found on the insert onto template plastic and cut out the circle shape from the plastic. Trace 24 circles onto the wrong side of the fabric. Carefully cut on the marked line with scissors.

### **Color B, Burgundy, 7" Finished Circle - Right Side**

#### **If using a rotary cutting circle ruler:**

Cut 5 strips 8" wide on the width of fabric.

Cut a total of 24 circles from each strip to a 7" finished size.

**If using template plastic:** Trace the 7" finished circle found on the insert onto template plastic and cut out the circle shape from the plastic. Trace 24 circles onto the wrong side of the fabric. Carefully cut on the marked line with scissors.

### **Color C, Multi Color Print, 3" Circle – Appliqué on Right Side**

*Do not use the rotary cutting circle for this cut.*

Trace the 3" finished circle found on the insert onto template plastic or cardboard and cut out the circle shape. Iron the Steam A Seam ® onto the back of the fabric following the manufacturers instructions. Trace 24 circles onto the paper back of the Steam A Seam ® and cut out with scissors. 24, 3" circles.

### **Iron on Interfacing**

#### **If using a rotary cutting circle ruler:**

Cut the interfacing into 8" wide strips. Cut a total of 24 circles from the strips to a 7" finished size.

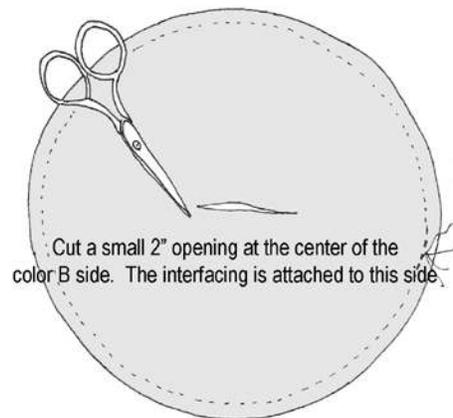
**If using template plastic:** Trace the 7" finished circle from the template onto the interfacing 24 times and cut on the line with scissors.

## **Instructions**

1. Fuse an interfacing circle to the wrong side of each Color B, burgundy circle.

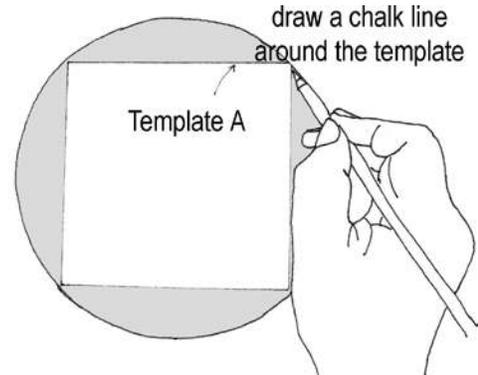
2. Pin a Color A, brown circle to a Color B burgundy circle right sides together. Sew smoothly around the circle using a ¼" seam allowance. Overlap the stitches at the beginning/end point. Repeat with all of the large circles. Trim the seam allowance to a generous 1/8".

3. Make a small slit in the center of the **Color B, Burgundy side of the circle** no larger than 2". This slit must be at the center. It will be covered by the smaller print circle later on. You will be cutting through the interfacing and Color B, burgundy fabric. Turn the circle to the right side through this small hole. Carefully press the edges of the circle. Repeat for all the large circle units.



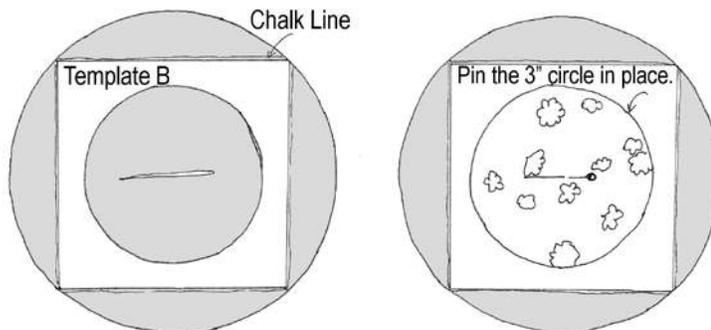
**Tip:** I find it helpful to have a small bowl of water at the iron. I dip my fingers into the water then roll the edge of the circle seam open between my fingers. The water helps open the fabric seam. Keep the edge of the circle nice and round – don't press in any little points!

4. Cut template A (4 ¾" square) from cereal box cardboard or template plastic. Trace a fine line around this square on the color B (burgundy) side of the circle. See the diagram. The square should touch the edge of the circle at all four points or at least be reasonably close to the edge. Repeat for all the large circle units.



5. Cut out template B either from cereal box cardboard or from see-through template plastic. If you make it from plastic just draw the center circle on the plastic don't cut it out. If you use cardboard cut out the center circle.

Using Template B center a 3" print circle over the slit in a 7" circle unit (burgundy side). Pin the 3" circle in place, right side up. See below.



A cardboard template is shown with the center circle cut out.

### Preparing to stitch the small circle to the large circle:

**6. Attach a topstitch needle (100/16) to the machine. (I find my machine tends to skip stitches if I don't use a topstitch needle)**

**For machine blanket stitch:** Thread your sewing machine with a decorative thread as your top thread. You may wish to match the Color A, brown side with your bobbin thread.

Set the machine for a machine blanket stitch (3.0 length, 3.0 wide)

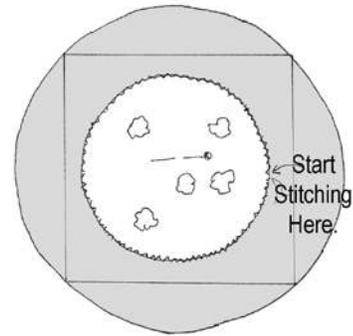
**For invisible Blind Stitch or Zigzag Stitch:** Thread your sewing machine with monofilament thread as your top thread. Use a thread to match Color A, brown, for your bobbin thread.

For Invisible Zigzag: Set the machine for a tiny zigzag stitch (1.5 length, 1. wide).

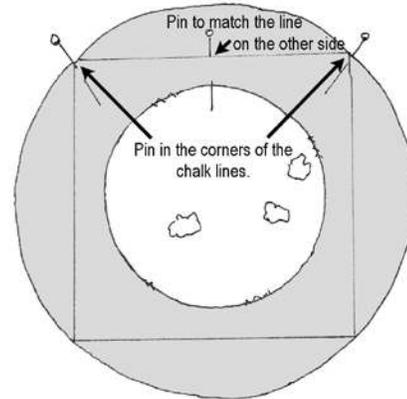
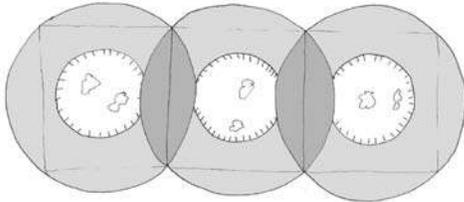
For Invisible Blind Stitch: Set the machine for a tiny blind stitch. Experiment on a scrap to find the most invisible size.

**Tip:** Be Fussy! Test your tension on a piece of scrap. Loosen the **top tension** if necessary so that the bobbin thread does not show at all on the top of your work. This is important if you want to get an invisible look.

8. Stitch around each 3" circle. Begin at the side of the circle as shown. Backstitch at the beginning and the end of your stitching. Clip the ends of the thread. Press flat. Repeat for the remaining units.



9. Make 4 rows of 3 circles for the table runner or 8 rows of 3 circles for the four placemats.

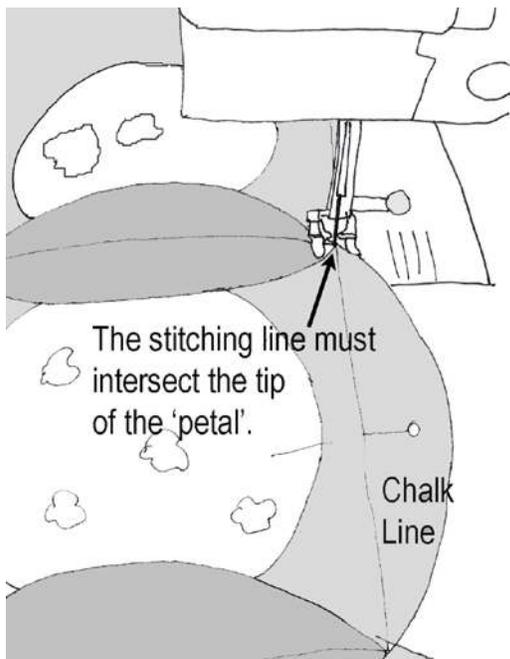


Pin the circles in each row together with Color A (Brown) sides together. Match the chalk lines at the two corners of the marked square and pin. Pin at the middle of the chalk line. Line this pin up to the chalk line on the backside of the circle. See the diagram.

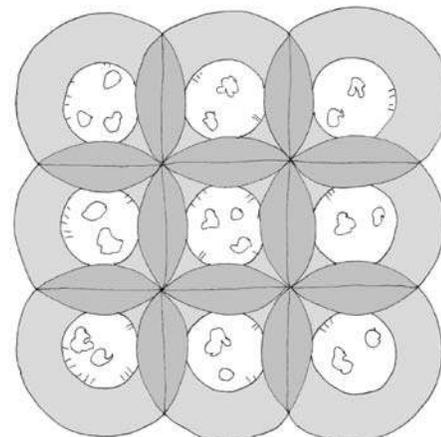
Sew together backstitching at each end.

10. Two rows of 3 circles from step 9 make up a placemat. See the diagram on the back of the pattern cover. 4 rows of 3 circles from step 9 make the center of the table runner. See the diagram below right.

Pin the rows together matching the petal centers. Sew along the chalk line backstitching at both ends. You must sew through the intersection at the tip of the petals. See the diagram below left. Press the petals open.

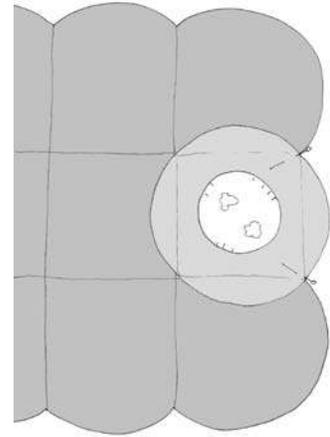


Center section of table runner.



Placemat: Go to step 12.

11. A circle will need to be sewn to each end of the table runner using the same procedure as before. See the diagram where one side is shown. Refer to the cover photo for the finished shape.



### Stitching down the petals

12. I used the machine blanket stitch to stitch around these curves. Other options might be straight stitching the edges down using a tiny 1/8" seam allowance, or you might use a small zigzag stitch.

Various thread options might be: decorative or variegated thread or invisible monofilament thread. You might wish to use thread in the bobbin that matches the back of the piece.

When stitching the petals down start at one of the petal intersections in the center. Backstitch. Follow the curve of the petals until you reach your starting point. Backstitch. Finish stitching around any other unstitched petals that still remain in the same manner.



13. Remove any marked lines visible on the outer edge of the placemats or table runner. Press.

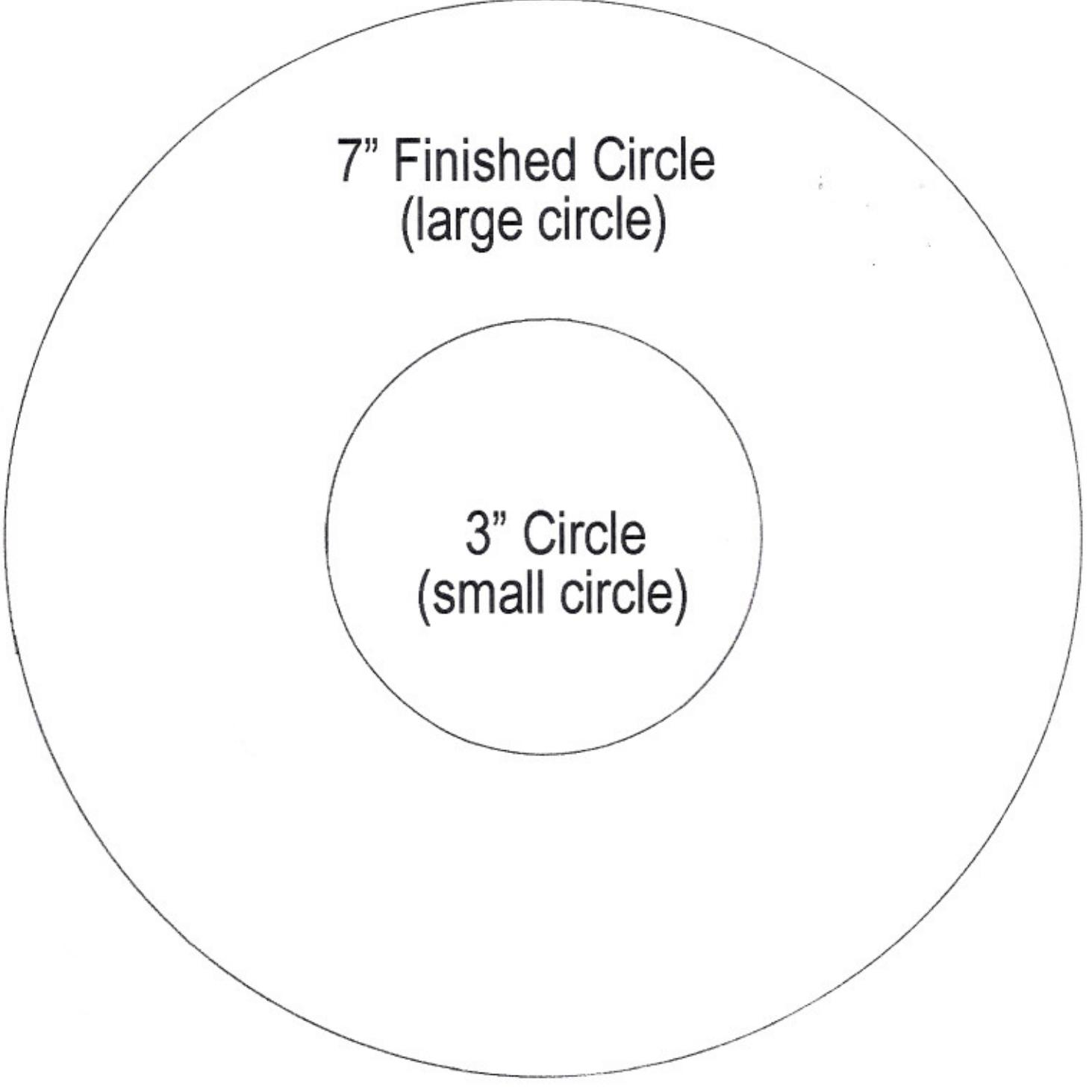
I hope you have enjoyed making this unique table set. I think it lends itself to lots of variations in shape and size so be sure to make the table runner again in some other shape.

If you are like me, you'll want to make it several times.

Visit me at [www.amongbrendasquilts](http://www.amongbrendasquilts) to see other great projects

*Brenda*

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7" Finished Circle  
(large circle)

3" Circle  
(small circle)

Template A  
(4 3/4" Square)

Template B

