



with you all the way...

---

# Among Brenda's Quilts

---

## Teacher's Notes

# Making Waves

Making Waves is a 'no sweat' pattern that's fast, fun and easy to teach. Tucks are made by folding 2 ½" strips and sewing them into the body of the placemat. A quick press creates the curve. The curve is stitched down later as a quilting line.

This set is quick quilted on a home sewing machine and binding is also stitched down in record time by machine. The runner takes a little more care in pressing but is equally easy to make.

***This project is a perfect cross marketing tool with Bali Pops™. Each set of 4 placemats and runner requires 35 of the 40 strips in the package. Yardage requirements are also given for a two color look.***

We know you will be pleased with this pattern. It's perfect for your next class lineup. Why not select Making Waves as a one day project at your next quilting retreat...

Take advantage of the attached Teacher's Notes that also include:

- Advertising copy for your newsletters
- Time saving tips to speed things up even more
- Homework suggestions

Scroll down to see it all...

## Ad Copy for Copy and Paste

Simply select the following Quilt Description to copy and paste into your own Store's advertising. The picture can be directly downloaded for your use, following the link:



Runner with 4 placemats.

[http://www.amongbrendasquilts.com/img-store/photo/image/89/regular/photo\\_of\\_purple\\_set\\_web\\_version.jpg](http://www.amongbrendasquilts.com/img-store/photo/image/89/regular/photo_of_purple_set_web_version.jpg)

## Making Waves

Decorating your table has never been this easy before! Here is a set that practically makes itself. We'll show you how to quilt and bind it entirely on your machine. They'll be calling you 'speed demon' after you whip up your own Making Waves set!

Placemat: 12.5" x 19"    Runner 14.5" x 42"

Date & Time

Cost:

Location:

Teacher:

### **Regarding Cutting:**

This project is extremely easy to cut.

If students are using Bali Pops™ strips cutting will consist of rotary cutting the main fabric into 2 ½" strips and cutting backing and batting. Have a 20 ½" square ruler available in class for the larger pieces or have a couple of large grid cutting boards available for use. Those students making the two color version of the project will have a few more 2 ½" strips to cut.

### **Regarding Machines:**

Ask students to bring in their walking foot attachment if they do not have even feed on their sewing machine. I find it helpful to have a topstitch needle (90/14) when stitching through the quilting layers to avoid skipped stitches.

### **Regarding Pressing:**

Have an extra ironing board available or better yet have each student bring in their own pressing equipment. There is a fair amount of pressing involved in this project.

### **Regarding Batting:**

Have students use a flat batting such as Hobbs 80/20. A fluffy poly batting will not work for this project.

***Have students bring these items to class:*** the correct type of batting, fabric requirements, a large square ruler, a large grid cutting mat, an iron and pressing board, decorative thread to match, walking foot, masking tape, straight pins, sewing thread to match, a 90/14 topstitch needle.

## **Lesson 1 (3 hours), The Placemats**

In this lesson you will make one complete placemat.

1. Cutting: those students with precut 2 ½" multi color strips will need to cut the main fabric into 2 ½" strips and will need to cut batting and backing.

Those students making a 2 color set will also need to cut the correct number of 2 ½" strips to replace the multi color strips.

**Quick Tip: The placemat backing is easier to cut by first cutting the strip width (13") and ripping along the bolt fold to divide it into 2 pieces.**

2. Have the students pick the nicest multi colored strips for the tops of the placemat and runner, leaving the remainder of the multi strips for the binding. These nicer strips get pressed in half. Follow Step 1.

3. Follow steps 3 and 4. Note the pressing directions.
4. Follow steps 5 to 11. When marking the center line use a marking tool that is easily removable. The stitching done in step 8 looks very nice done with variegated thread. Now's a great time to sell some!
5. Skip step 12. We'll just work on one placemat today. Have the students follow step 13. Keeping the layers taut is important so that there are no puckers at the back of the work later. Make sure students use the walking foot or engage the even feed of their machines.
6. If you have time, go to page 7 and demonstrate the binding process. Let the students bind their placemat if time allows.

**Homework: Have the students make the remainder of their placemat tops. If you have shown them how to do the machine binding let them finish the placemats at home. If not do a binding demo at the next class.**

## Lesson 2 (3 hours), The Runner

In this lesson we will work on the top of the runner. Students have already been taught how to tackle the quilting process so can do this later at home.

1. Did you demonstrate the binding process on page 7 in the last class? If not, start the class with this demonstration. Let students try one placemat to get the hang of it.
2. Begin following the instructions on page 4. Do steps 1 to 5. Carefully follow the pressing directions.
3. Turn the unit and continue with steps 6 to 8. Carefully follow the pressing instructions.
4. Follow step 9 drawing lines as shown. Follow steps 10 to 12. Make sure no seams are twisted when sewing. Carefully press as shown.
5. You may now wish to continue with the quilting of the runner at step 13. Students should be able to do this step at home if they wish to work on the placemat binding instead.

**Homework: Finish quilting for the runner and the binding on all the items.**