



with you all the way...

Among Brenda's Quilts

Teacher's Notes

Hugs & Kisses

Let the Hugs & Kisses Quilt work for you in your shop by promoting the sale of Jelly Rolls™, Bali Pops™ or Roll Ups™. Classes are easy to organize and teach with this full color pattern in 5 sizes and your own set of teacher's notes. Even the busiest shop will be able to quickly organize a teaching event by taking advantage of the attached which includes:

- advertising copy for newsletters,
- suggestions for fabrics,
- a liberal sprinkling of time saving tips guaranteeing great results,
- homework suggestions
- and last but not least an activities sheet that will keep your customers coming back.

Scroll down to see it all...

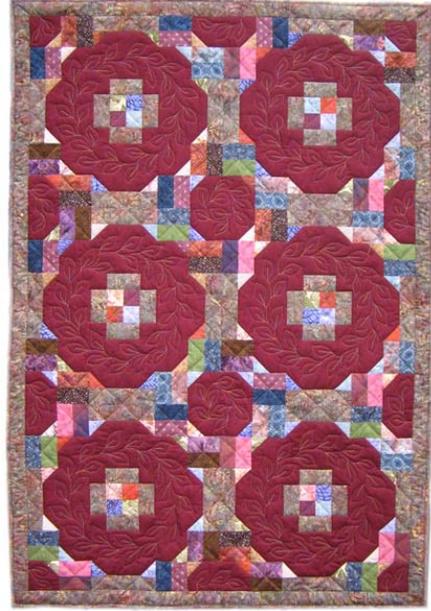
Ad Copy for Copy and Paste

Simply select the following Quilt Description to copy and paste into your own Store's advertising. Pictures can be directly downloaded for your use, following these links:



Single Sized Hugs&Kisses

[://www.amongbrendasquilts.com/img-store/photo/image/51/regular/Hugs_n_Kisses_Single_Size.jpg](http://www.amongbrendasquilts.com/img-store/photo/image/51/regular/Hugs_n_Kisses_Single_Size.jpg)



Lap Sized Hugs&Kisses

[://www.amongbrendasquilts.com/img-store/photo/image/53/regular/Hugs_n_Kisses_Lap_Size.jpg](http://www.amongbrendasquilts.com/img-store/photo/image/53/regular/Hugs_n_Kisses_Lap_Size.jpg)

Hugs & Kisses

Surround your loved ones with Hugs and Kisses!

Three simple blocks are twisted and turned to make up the X's and O's allowing you to make this beautiful quilt in record time. Hugs & Kisses has been designed to be made with 2 ½" strips and 2 coordinates. It's perfect for Jelly Rolls™, Bali Pops™ or Roll Ups™ or just use up stash fabrics! Make it in your choice of 5 sizes. It's fast, fun and easy to make and designed with beginner quilters in mind.

Lap (52" x 76") Single (68" x 92")
Double (76" x 92") Queen (92" x 100")
King (104" x 104")

Date & Time:

Cost:

Location:

Teacher:

Book the Class on Your Calendar

This lesson plan is set up in five 2-hour segments. If you like a less regimented atmosphere in your class with time for snack breaks, shopping in the store and visiting give yourself 3 hours per session. I generally run my classes once a week for 3 hours.

If your students are making their Hugs & Kisses quilts in the larger sizes you might wish to offer them a class once every 2 weeks – especially if your group is younger with less free time. There is a certain amount of homework required when making this quilt.

Fabric Selection

Most students really appreciate your help when choosing fabric. Here are some tips to make their Hugs & Kisses Quilt the best it can be.

- The multi colored strips can be purchased pre-cut in the form of **Jelly Rolls™, Bali Pops™ or Roll Ups™**.
- Does your shop own an **accuquilt™** machine? This quilt is perfect for use with the 2 ½" strip making die template. Use up those fabrics that are not moving on your shelves with this pattern!
- **If you wish to sell fat quarters in place of strips remember that one fat quarter will yield the equivalent of 3 strips.**
- Notice that there are large areas of background fabric in the quilt. These areas are perfect for fancy hand quilting like feathered wreaths or custom machine quilting. See the burgundy background on the front cover of the pattern. If your student wants their quilting to really show up have them select a plain fabric in the background space.
- An overall pantograph or meandered machine quilting pattern will look fine on a slightly busier background like what I have used on the back pattern cover.
- For variety, try using four similar neutral fabrics to break up the background space. This gives a country feel to the quilt.
- Strips cut from stash fabrics are a good option for the more budget minded.

Prior to class

Have your students prewash their fabrics. Do not have them wash the pre cut 2 ½" strips. After washing and drying, have them press the background fabric and the red fabric the same way it came off the bolt. Often times an inexperienced quilter will fold the raw edges together in error and press a crease at the fold. Getting the fabric re-ironed, selvedge to selvedge can really slow down a class and tie up the ironing board.



Have those students using stash fabrics in place of the multi color pre cut 2 ½" strips cut their strips at home. That way they won't be behind the students with pre-cut strips at the first class.

It is always a good idea to have two ironing boards and two irons per class.

Lesson 1 (2 hours)

1. All students should have the multi color 2 ½" fabrics pre cut for class. Follow the cutting instructions in the first chart. This is where some of the multi color strips are cut into 2 ½" squares.



Make sure the students choose strips with good contrast to the background fabric for these squares.

2. Demonstrate how to cut the squares from multiple strips. Have everyone try this technique. This would be a good opportunity to sell 35" x 24" grid cutting mats.



Students that are making Hugs & Kisses in the larger sizes may need to cut the some of their 2 ½" squares at home.

3. Skip the second chart on page 1 for now.

4. Turn to page 2. Have the students cut the Red Coordinate fabric and the Background Fabric by following steps 1 to 7.



The background fabric is cut into 2 ½", 4 ½" and 6 ½" strips before being re-cut.

The 2 ½" and 4 ½" strips are cut into squares. Make sure that students don't assume that the 6 ½" strips are also cut into squares. They are cut into 6 ½" x 8 ½" RECTANGLES.

5. Turn back to page 1. Follow the second chart on page 1 to make strip sets. Sew the pairs of strips together. Cut each strip into 8 sections 4 ½" wide.



Check each students ¼" seam allowance. Correct if necessary.

6. Demonstrate the proper pressing technique used in quilting.

Homework: Have the students cut the strip sets from step 5, above into 4 ½" sections at home if necessary. Some step 2 (2 ½" x 2 ½") squares may still need to be cut for homework.

Lesson 2 – Kisses Block (2 hours)

In this class students will work on the Kisses Blocks. Follow the printed pattern instructions to have them construct one block before going ahead and making the remaining blocks.

Make sure the pressing is done as shown in the pattern instructions.



See the diagram at step 8 in the pattern. You want the students to choose 2 light and 2 dark 2 ½" squares for the center of each Kisses Block.

Homework: Finish the Kisses Blocks. Bring a mechanical pencil or fine line fabric marker to the next class.

If you find that some of the students are able to complete their Kisses Blocks with time to spare in class have them turn to steps 26 – 28 in the pattern to join the borders and cut them to length.

Kisses kept are wasted;
Love is to be tasted.
There are some you love, I know;
Be not loathe to tell them so.
Lips go dry and eyes grow wet
Waiting to be warmly met.
Keep them not in waiting yet;
Kisses kept are wasted.
Edmund Vance Cooke

Lesson 3 – Hugs Block (2 hours)

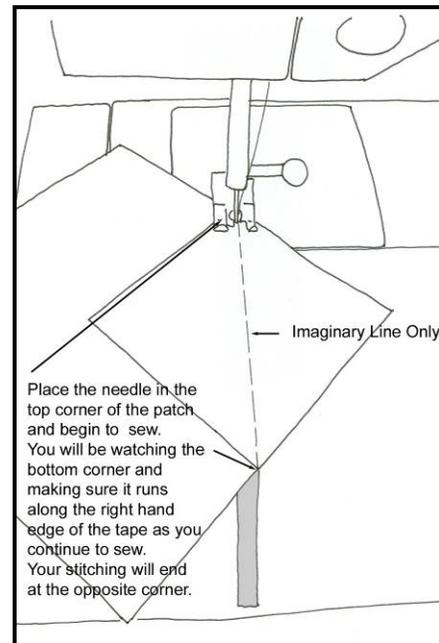
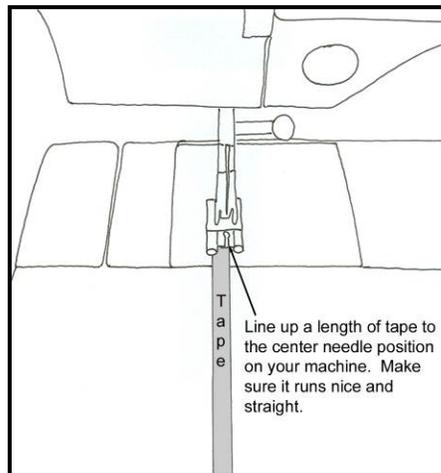
In this class students will work on the Hugs Blocks. Have the students construct one block before going ahead and making the remaining blocks.

Teachers should bring a roll of green or blue painter's masking tape to the class this week. You'll share this with those of your students who try the 'Tape Method'.

See the bold print above step 13 in the pattern. Students have a choice. They can mark a stitching line on the wrong side of their 2 ½" squares with a mechanical pencil or fine line fabric marker, or, if they are more adventurous and experienced have them try the 'Tape Method' found on the bottom of page 8 in the pattern. I have included this method on the following page as well.

The Tape Method

Try the 'Tape Method' below to stitch the 2 ½" squares in place on the 4 ½" x 4 ½" background squares. This method eliminates all that tiresome drawing of diagonal lines on the wrong side of the 2 ½" squares.



Continue to work through the instructions for the Hugs Block with the students.

Homework: Have the students complete all of their Hugs Blocks.

A hug makes the perfect gift - one size fits all!

Lesson 4 – Sashing Block (2 hours)

In this class students will work on their Sashing Blocks. Have the students construct one block before going ahead and making the remaining blocks. Follow the instructions as given.

Remind the students to use the tape method when adding the 2 ½" squares into the corners of the rectangle. They should be quite comfortable with this technique by now.



When students are sewing 2 ½" x 8 ½" strips to the 6 ½" x 8 ½" rectangles make sure that they have the rectangle side up under the presser foot. That way they will not twist any of the triangle seams while stitching.

Homework: Have the students complete all of their Sashing Blocks.

Lesson 5 – Assembly (2 hours)

In this class students will learn how to assemble their quilt and sew on the 2 ½" border strips.

Teachers, bring your roll of masking tape to class again.

1. Have the students refer to the correct assembly diagram for their size of quilt on pages 6 and 7 of the pattern. Have them each circle their layout to avoid confusion. Follow the directions given starting at step 23 in the pattern.
2. Have each student assemble the top 2 rows and then sew the two rows together. Because the blocks are turned and twisted in the layout, not all seams will lock together. Make sure students are able to pin these stacking seams so that they match. Show them how to match the seams at the triangles.



Have students pin all the blocks together in the first row. Have them pin together all the blocks that make up the second row. Blocks cannot get out of order when pinned. Chain sew when joining the blocks to each other.

Mark row numbers at the top left of each row with a masking tape label.

3. There will not be enough time in class to complete the assembly of the center of the quilt. After the students have two rows joined together demonstrate how to join the 2 ½" border strips together. See step 26 and 27. Have the students join their border strips.

4. Have the students cut the outer border strips to size as given in step 28. Explain how the strips are pinned to fit as explained in step 29 of the pattern. You might demonstrate this pinning technique on a place mat sized sample.



Remind your students to sew the border strips to the center of the quilt with the quilt center side up under the presser foot. This helps to avoid twisted seams.

Have the students finish the assembly process at their leisure at home. Congratulate all on a job well done!

Suggested Activities for Hugs & Kisses

Photo Shoot

Invite your students back to the store with their finished quilt tops for a Hugs and Kisses photo shoot party. Take a picture of each student wrapped up in their quilt and present them with a little treat bag containing a few Hershey's Kisses®.

Have a copy of each photo printed at your local photo shop. At my local photo store prints only costs about .19 cents each. Send each student their photo in a mailing that announces your next set of classes.

Do a 'group hug' photo at your party and include it on your web page and on a bulletin board in the shop. This bulletin board should be a collage of all the fun things that happen at your store – things that make you different from the competition.

At your party consider offering students a 'member's only discount' on 2 ½" strips. You'll find that following the class students have the confidence to strike out on their own and will often buy fabrics to make the quilt again.

Feature the Hugs & Kisses quilt as a Valentines project and work it into any seasonal activities you have surrounding that holiday. The sky's the limit!



Trivia Quiz Time!

How Did XXOO become Hugs & Kisses???

It wasn't so long ago when many folks were unable to read or write. When documents needed to be signed they would make an X in place of their signature and kiss the X. Drawing the X was called making your mark. The X symbolized the Greek word for Christ which is Xristos. The mark was also considered a sign of the cross. By kissing the X the mark became a seal of sincerity or a solemn oath. Another opinion exists on why the X is seen as a kiss. Think of the X as two lips meeting – like this ><.

The hug or O is a more recent symbol with beginnings that are more obscure. If one is simply interpreting the shape of the O it is easily seen as two arms linked together in a hug.

A kiss without a hug is like a flower without the fragrance.